

# Newsletter

# February 2020

The Rosie Crane Trust supports bereaved parents through their grief after the loss of a son or daughter of any age

### **Drop-in Centres in Yeovil and Taunton**

At the drop-in centres bereaved parents meet in a safe and confidential environment where they can talk to others who really understand and empathise with them. There is no obligation to talk, unless you want to, many people find it a great help just to be in the room with others who have experienced the loss of a son or daughter. Both drop-in's are from 10.30 - 12.30.

Yeovil, South Street Centre, 20 South Street, BA20 1QE (Entrance in Union Street) - First Saturday in the month

1 Feb, 7 Mar, 4 Apr, 2 May, 6 Jun, 4 Jul, 1 Aug, 5 Sept,

3 Oct, 7 Nov, 5 Dec - Candle Lighting to honour the memory of the sons and daughters we have lost.

Taunton, Middleway Meeting Hall, Churchill Way, Middleway, TA1 3QW - Third Saturday in the month

15 Feb, 21 Mar, 18 Apr, 16 May, 20 Jun, 18 Jul, 15 Aug, 19 Sept, 17 Oct, 21 Nov, 19 Dec - Candle Lighting to honour the memory of the sons and daughters we have lost.

## 24 hour Listening Ear Helpline

Our 24hr helpline is answered by bereaved parents who can give support, assurance, friendship and most importantly be able and willing to listen. Telephone 01460 55120

Regular calls to bereaved parents can be arranged at a time to suit them

Befriending Service

Subsidised counselling may also be considered for those in financial difficulties

### The Castle Hotel, Taunton

We are very grateful to our Patron, Louise Chapman, Kit Chapman, Mark, Liam, Jon and Nick all of whom have supported the trust through their Rosie's Chocolate Memories desert. Their new initiative is to make a donation to the trust from every Afternoon Tea served. Louise presented Carol with a cheque for £696 bringing the total raised by The Castle Hotel to an amazing £6,083

Volunteer urgently needed, a Minute Secretary to record the minutes from trustees' meetings, approximately every other month. Please contact us for more information

#### Di Goddard Trek

I am in training to walk Hadrian's Wall west coast to east coast on 11th May over 5 days in memory of my beautiful daughter Liana. It's 84 miles and all of travel, overnight stays etc, are being funded personally. All of your kind support will go directly to the charity.

I am walking the wall with my dear friend Jane Ward, who is embarking on this journey with me for her own personal reasons, and she continues to encourage me and insists we stop for tea breaks (that's my kind of friend!). We plan to walk approx 18m each day, depending on how rugged the landscape... We also plan to come back without having been helicopter rescued too! Weather depending if we come back as drowned rats, nonetheless, nothing will stop us!

It's time for me to give back to the group that have supported me endlessly over the last five years, and who continue to reach out and support all parents with bereavement from the loss of a child, however young or old. It really is the one place we can be, without worrying about saying the wrong thing, we laugh, we cry, we chat, we drink huge amounts of tea and eat biscuits (which always helps) and we welcome all bereaved parents with open arms. You are not alone x

Please help me to ensure this charity can continue its work, which also includes a 24hr telephone helpline. Run by a bereaved Mum Carol Crane, in Rosie's memory always.

Fundraising page: http://www.justgiving.com/Di-Goddard-Trek

#### **Data Protection**

If you no longer wish to receive information from the trust, please contact us and we will remove your details from our distribution list



AGM - We are holding our AGM at 7.30pm on Monday 30 March in the Meeting Room at Horton Village Hall. All welcome, please come along and give us your valuable comments and suggestions

### Ilminster Christmas Tree Festival 2 -7 Dec

We decorated a tree in the Ilminster Christmas Tree Festival again this year, raising £54.24. We decorated the tree with photo baubles in memory of the children we have lost.

It looked absolutely lovely and it was very moving to see the photos of the sons and daughters we have lost all there together. We would welcome more pictures from bereaved parents to put in the baubles for next year. Photos no more than 5cm in height and width can be sent to the trust by email or by post. If sent by email we can adjust to size and/or crop if necessary

#### Jordans Wellness Centre, Horton Cross, Ilminster

The Speke family have very kindly adopted the trust as their charity this year and we very much look forward to working with them in the future. A very generous £162 was donated to the trust by the stall holders at the Christmas Craft Fair

The Rosie Crane Trust, PO Box 62, Ilminster, TA19 0WW

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